



# Computer Safety Rules:

**ALWAYS** Renew your intentions before using the computer/internet

**ALWAYS** Obey the rules set by your parents

**ALWAYS** Use computer/internet for beneficial purposes only

**ALWAYS** Tell your parents immediately if you find anything suspicious

**ALWAYS** Tell your parents immediately if you feel uneasy, upset or unsafe

**ALWAYS** Block anyone who find suspicious and report them to your parents

**ALWAYS** Turn off apps that can be used to spy/track you; location, camera

**ALWAYS** Turn off computer/internet completely once finished

**ALWAYS** Lead by example, especially if you have siblings present

**ALWAYS** Ask Allaah for guidance, help and protection from all harm

**NEVER** Use computer/internet without presence/permission of parents

**NEVER** Share personal information anywhere e.g, *Name, Address, Phone Numbers, Passwords, Photos of you, family, home etc*

**NEVER** Keep secrets from your parents

**NEVER** Accept friend requests from anyone you do not know

**NEVER** Come close to meeting anyone alone in person, even if they're nice

**NEVER** Trust anyone on the internet who claims they know you or your family

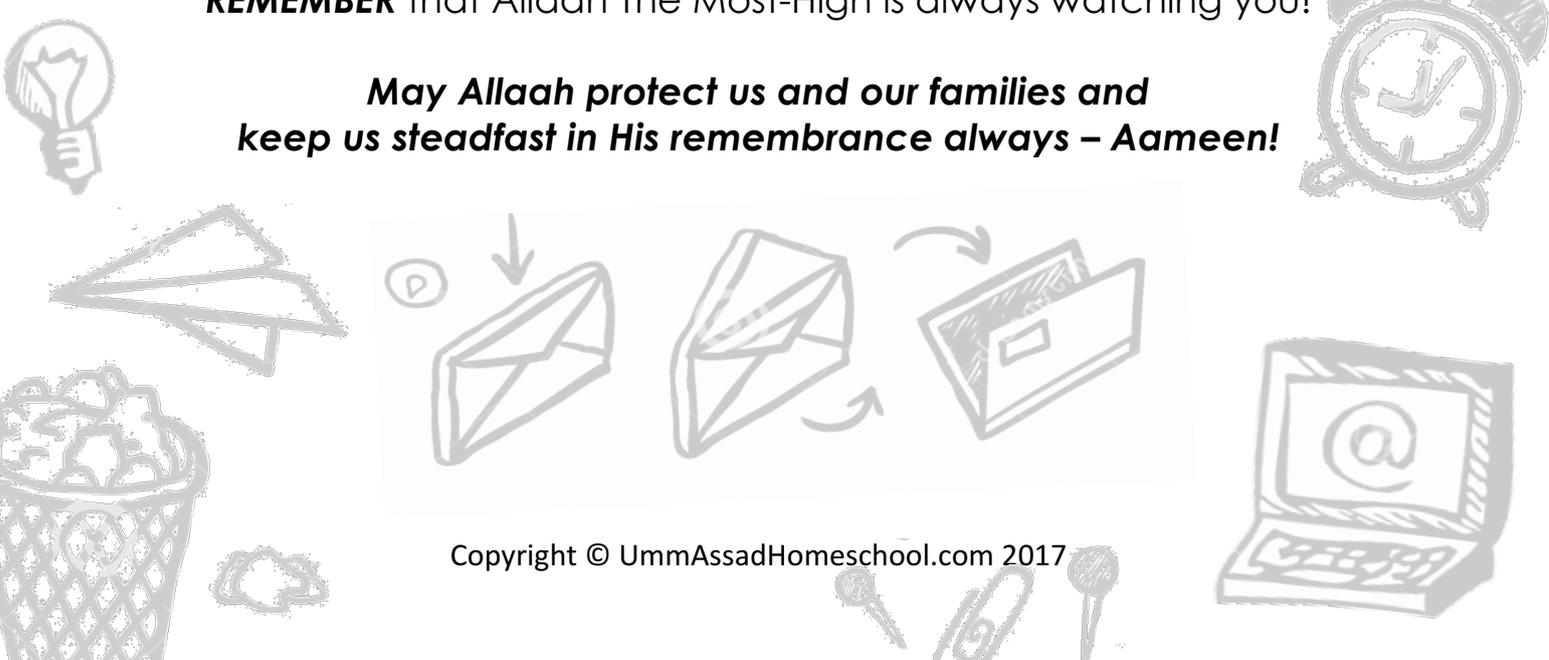
**NEVER** Fill out forms or sign contracts without approval of your parents

**NEVER** Download/Share files of anything without approval of your parents

**NEVER** Use the computer/internet for illegal purposes

**NEVER** Exceed the limits set by your parents without their approval

**REMEMBER** that Allaah The Most-High is always watching you!



**May Allaah protect us and our families and keep us steadfast in His remembrance always – Aameen!**

# Parent & Child Questionnaire:

**SECTION 1** - Answer the following together (parent/guardian and child)

1. Is it a good thing to always obey your parents?  
Yes/No  
Explain:
  
2. Can you use the computer or internet without the permission of your parents?  
Yes/No  
Explain:
  
3. Is it ok to keep quiet if you find something suspicious on the internet?  
Yes/No  
Explain:
  
4. If someone tries to arrange a meeting with you without the consent of your parents, do you accept the invitation, even if they're friendly?  
Yes/No  
Explain:
  
5. Is it good to take photos of yourself then share them online?  
Yes/No  
Explain:
  
6. Should you always keep location settings off?  
Yes/No  
Explain:
  
7. Is it safe to share your personal information with someone who claims they know you?  
Yes/No  
Explain:
  
8. Is it good to keep secrets from your parents?  
Yes/No  
Explain:

**SECTION 2** - Discuss the following together (parents/guardian and child)

1. What is the first thing you do before you use the computer and internet? Why you need to use them? Write a list of rules together on a separate paper and stick it on the wall where everyone can see it.
2. You are playing an online game and something pops up saying that you have won £1000. Your next step is to enter your credit card details within 1 hour to claim your prize, what do you do?
3. You just received an email asking you to confirm your personal information, what do you do?
4. You receive a text message asking you to claim some money that is owed to you now, what do you do?
5. If an unknown number calls you on your phone, what do you do?
6. You are about to subscribe to an online form that all your friends have signed up to, do you sign up too? What information do you share?
7. You bought a product from a website you trust but was not happy with the product after a while. You are asked for your feedback on the product, how do you respond?
8. You are having trouble accessing a website online and a friend you trust asks you for your password to help you, what do you do?
9. A friend you know wants to meet someone on the internet that they never met before, what do you do?
10. You are browsing the internet and suddenly a page pops up claiming that you got a virus and need to download their software now what do you do?

11. You notice many people using the internet pretend to be someone they are not and talk to lots of strangers, what do you do?
12. You just saw a video online that you find uncomfortable or upsets you, what do you do?
13. What would you do if someone on the internet asks to meet up with you alone and they seem really friendly?
14. Your parents want to know what you have been doing on a website you have been using, would you let them check your account?
15. You receive a letter through the post from someone you do not know asking you to confirm your personal information immediately, what do you do?
16. When is the best time to report a bully or someone suspicious to your parents? Explain
17. Is the internet a good place to make friends? Is everyone nice? Explain in detail.
18. Can you think of a few reasons why and how it's important to keep safe while using the computer and internet?
19. How often and how long should you be using the computer and internet? Agree to your limits and do not exceed them without parents' permission.
20. What are some emergency contact details you know about to keep handy in case of an emergency?

*Please discuss anything else that may concern you...Thank you!*